

Please complete all sections in full (typed or Block Capitals) to avoid delays in the processing of samples.

SECTION 1: TO BE COMPLETED BY REFERRING PHYSICIAN

Physician's Name: Patient ID Date of birth (dd/mm/yyyy)

Address for correspondence: Sex
Female Male

Physician's signature (authorisation to receive test results)

Results to (email):

Phone (incl. International dialing code)

By signing I confirm that the patient has given their consent to use their faecal sample, results and the information given on this form in medical research, with the exception of their ID, which will be kept confidential. I hereby agree to receive results of the test on behalf of the patient.

Date (dd/mm/yyyy):

CLINICAL INFORMATION

Type of gut problems (symptoms)?

Has calprotectin been measured?

Yes, month/year Result µg/g No

Colonoscopy?

Yes, month/year No

Findings:

Diagnosis:

Irritable bowel syndrome, IBS

C-IBS (with constipation)

D-IBS (with diarrhea)

M-IBS (mixed)

Post infectious? Yes No

Inflammatory bowel disease, IBD

Crohn's disease

Ulcerative Colitis

Remission? Yes No

Celiac Rheumatism Autism Diabetes

Other:

MEDICATION

Use of antibiotics during the last four weeks:

Yes No

Use of gastric acid inhibitors:

Yes No

If yes, which?

Other regular medication?

Use of probiotics or prebiotics?

Yes No

OTHER INFORMATION

Height cm Weight kg

Traveled outside EU or the USA in last 6 months?

yes, where No

Diet

Normal High protein diet Low carbohydrate diet

Vegetarian Low fat diet Gluten-free diet

LowFODMAP other, what

Smoking

Yes cigarettes per day No

Alcohol consumption (units per week *)

0 1-4 5-10 10-16 more than 16

* 1 unit = 1 bottle of beer, 1 glass of wine or 4 cl of liquor

SECTION 2: TO BE COMPLETED BY THE PATIENT

Sampling date (dd/mm/yyyy):

Sampling time (hh:mm) (24h):

REMEMBER to send this form with your sample. We cannot perform the test without it.

Sample received

Official use only